

“What goes up ... must come down!”

Open to communities, government, corporations and business worldwide



Look and feel your absolute best while losing some weight in as little as 12 weeks or 84 days



Julian Smith—Founder WHC

FREE Entry

Get fit and drop those kilos

“What are you waiting for ... those donuts must go!” Virgil Vanning WHC CEO

Change Your Mind—Change Your Body—Change Your LIFE!

Officially starts
14th June and ends Sunday
5th September 2010

☺ Need to lose weight? ☺ Not fitting in those pants? ☺ Overeating? ☺ Sick and tired of being overweight? ☺ Drinking too much grog? ☺ Living with a disease or illness like diabetes, kidney / heart disease or cancer? ☺ Watching too many weight loss t.v. programs without getting fit and healthy? Then the time has come to make a decision! Keep reading and join the world wide Workplace Health Challenge® 2010 before it's too late ...

In cooperation with **Kidney Health Australia** in support of Kidney Kids —children living with kidney disease, the WHC is honoured to launch a **new** exciting and leading health, fitness, weight loss and wellbeing program. Valued at **\$79.00** per participant ENTRY is NOW FREE but we'd appreciate a small personal or corporate donation to support kids living with kidney disease. You'll not only be helping your life transform but children living with kidney disease. Don't waist your money on other programs.

Register now at http://www.workplacehealthchallenge.com/reg1_copy

You'll receive full support including weekly success emails (Mondays), the latest user manual (e-book) by Julian Smith containing everything you need to know and apply to reach your health, fitness and weight loss goals. From simple to follow exercise programs, nutrition, motivation, recipes, calendars and more. You'll even have access to your own personal WHC coach to help you lose those stubborn kilos and transform that body of yours.

Register now—open to all males and females—communities, government, corporations and small and large business. Form a team or go at it by yourself.

Register online or download Registration form @
www.workplacehealthchallenge.com

“Let's get the entire world involved ... at no cost to join why miss out” Workin' Life

“Take part in the Workplace Health Challenge® to live a more balanced lifestyle today”
Kidney Health Australia

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